



Wellness Program Registration for Land and Aqua Programs



SPRING TWO SESSION April 30 – June 23, 2018

Registration period April 23 – May 5, 2018

No class May 28, 2018

Please submit this Registration Form, in person, completely filled out with payment to *BPS/Lied Activity Center*.

Name (PLEASE PRINT) _____ Phone: _____

Email: _____

Emergency Contact: _____ Phone: _____

Member ID #: _____ Non-Member ID #: _____

| Check Box | Pricing Before May 5 | Member | Non-Member | Check Box | Pricing After May 5 | Member | Non-Member |
|-----------|---------------------------------|----------|------------|-----------|---------------------------------|----------|------------|
| | 1 class per week | \$55.00 | \$70.00 | | 1 class per week | \$70.00 | \$85.00 |
| | 2 classes per week | \$85.00 | \$100.00 | | 2 classes per week | \$100.00 | \$115.00 |
| | 3 classes per week | \$105.00 | \$120.00 | | 3 classes per week | \$120.00 | \$135.00 |
| | 4 classes per week | \$125.00 | \$140.00 | | 4 classes per week | \$140.00 | \$155.00 |
| | 5 classes per week | \$145.00 | \$160.00 | | 5 classes per week | \$160.00 | \$175.00 |
| | Unlimited Pass (Age 62 & older) | \$130.00 | \$145.00 | | Unlimited Pass (Age 62 & older) | \$145.00 | \$160.00 |
| | BPS Staff* Unlimited Pass | \$100.00 | | | BPS Staff* Unlimited Pass | \$115.00 | |

*Pricing may change without notice

*BPS staff, retirees, support staff receive discounted rate

Check # _____ Cash \$ _____ Credit Card _____ Rec'vd by: _____

| | |
|---|----|
| CLASS TOTAL | \$ |
| PRIOR CREDIT | \$ |
| GRAND TOTAL | \$ |
| No refunds after the second scheduled class | |

If Bellevue Public Schools close due to inclement weather or scheduled holiday or you miss a scheduled class you are encouraged to make up the missed class(es) during the current session. There are no prorates on missed classes. No refunds after the second scheduled class.

Agreement to Hold Harmless and Waiver of Liability

In consideration of being granted permission to use the Lied Activity Center and the facilities located therein, I agree to hold harmless Sarpy County School District No. 001, a.k.a. the Bellevue School District and I agree to hereby waive, release and forever discharge Bellevue Lied Activity Center, Fit In The City LLC, their companies, owners, directors, employees, independent contractors, facilities and staff from any and all liability arising out of any fitness activity including, but not limited to: injury, death, and loss or damage to personal property. I understand and am aware that cardiovascular fitness and all other movement based activities, strength, flexibility, including the use of equipment and outdoor workouts are potentially hazardous activities. I understand the risks involved participating in these classes and represent that I am in sound physical condition and have informed staff/instructors of any prior medical conditions.

Signature of Applicant or Guardian if less than 19 years of age

Date

PLEASE NOTE ABOUT UNLIMITED PASSES: The facility has the right to add/drop/change classes/instructors to meet program and minimum class participation requirements of six paid registrations not including unlimited passes. If your program is cancelled due to not meeting minimum class participation of six paid registrations you may transfer in to another class or request a refund. Confirmed class schedule will be posted at end of first week of session. Excludes Specialty Programs.
CLASS SCHEDULE SUBJECT TO CHANGE WITHOUT NOTICE

| MONDAY | |
|-----------|--------------------------------------|
| CHECK BOX | TIME/CLASS |
| | 8:30-9:20AM BALANCE WITH FLEXIBILITY |
| | 8:30-9:20AM AQUA TABATA |
| | 9:30-10:20AM AQUA STRENGTH MOVES |
| | 6:00-7:00PM YOGA |
| TUESDAY | |
| CHECK BOX | TIME/CLASS |
| | 8:30-9:20AM REAL STRENGTH |
| | 8:30-9:20AM H2O |
| | 9:30-10:20AM AQUA AEROBICS |
| | 5:30-6:20PM AQUA TABATA |
| | 6:00-6:50PM PILATES |
| WEDNESDAY | |
| CHECK BOX | TIME/CLASS |
| | 8:30-9:20AM BALANCE |
| | 8:30-9:20AM AQUA TABATA |
| | 9:30-10:20AM AQUA STRENGTH MOVES |
| | 6:00-7:00PM YOGA |
| THURSDAY | |
| CHECK BOX | TIME/CLASS |
| | 8:30-9:20AM REAL STRENGTH |
| | 8:30-9:20AM H2O |
| | 9:30-10:20AM AQUA AEROBICS |
| | 5:30-6:20PM AQUA STRENGTH MOVES |
| FRIDAY | |
| CHECK BOX | TIME/CLASS |
| | 8:30-9:20AM REAL FLEXIBILITY |
| | 8:30-9:20AM AQUA TABATA |
| | 9:30-10:20AM AQUA STRENGTH MOVES |
| SATURDAY | |
| CHECK BOX | TIME/CLASS |
| | 10:30-11:20AM AQUA AEROBICS |